

2011 State Profile — Kentucky

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL:

<http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf>

In Kentucky, 318 substance abuse treatment facilities were included in the 2011 N-SSATS, reporting that there were 20,481 clients in substance abuse treatment on March 31, 2011. The survey response rate in Kentucky was 93.4%.

Facility Operation

	Facilities		Clients in Treatment on March 31, 2011			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	173	54.4	10,646	52.0	617	59.3
Private for-profit	131	41.2	7,850	38.3	401	38.5
Local, county, or community government	1	0.3	177	0.9	0	0.0
State government	9	2.8	630	3.1	23	2.2
Federal government	4	1.3	1,178	5.8	0	0.0
Dept. of Veterans Affairs	2	0.6	268	1.3	0	0.0
Dept. of Defense	2	0.6	910	4.4	0	0.0
Indian Health Service	0	0.0	0	0.0	0	0.0
Other	0	0.0	0	0.0	0	0.0
Tribal government	0	0.0	0	0.0	0	0.0
Total	318	100.0	20,481	100.0	1,041	100.0

Primary Focus of Facility

	Facilities		Clients in Treatment on March 31, 2011			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	142	44.7	9,991	48.8	187	18.0
Mental health services	32	10.1	762	3.7	74	7.1
Mix of mental health & substance abuse treatment services	139	43.7	9,455	46.2	780	74.9
General health care	0	0.0	0	0.0	0	0.0
Other/unknown	5	1.6	273	1.3	0	0.0
Total	318	100.0	20,481	100.0	1,041	100.0

Substance Abuse Problem Treated

	Facilities ^{1,2}		Clients in Treatment on March 31, 2011		
			Clients ³		Clients per 100,000 Pop. Aged 18 or Older
	No.	%	No.	%	
Clients with both alcohol and drug abuse	270	92.2	9,437	46.3	265
Clients with drug abuse only	246	84.0	6,899	33.9	197
Clients with alcohol abuse only	237	80.9	4,033	19.8	115
Total²	293		20,369	100.0	577

¹ Facilities may be included in more than one category.

³ Sum of individual items may not agree with the total due to rounding.

² Facilities excluded because they were not asked or did not respond to this question:

Type of Care	Clients in Treatment on March 31, 2011						
	Facilities ¹		All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients Per Facility	No.	%
Outpatient	267	84.0	18,260	89.2	40	887	85.2
Regular	259	81.4	14,451	70.6	30		
Intensive	88	27.7	1,731	8.5	7		
Day treatment/partial hospitalization	15	4.7	95	0.5	0		
Detoxification	12	3.8	139	0.7	2		
Methadone maintenance	17	5.3	1,844	9.0	73		
Residential (non-hospital)	55	17.3	1,831	8.9	17	38	3.7
Short term	22	6.9	275	1.3	12		
Long term	41	12.9	1,409	6.9	17		
Detoxification	18	5.7	147	0.7	5		
Hospital Inpatient	17	5.3	390	1.9	12	116	11.1
Treatment	14	4.4	275	1.3	11		
Detoxification	16	5.0	115	0.6	5		
Total	318		20,481	100.0	34	1,041	100.0

¹Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)		
	No.	%
Facilities with OTPs¹	12	1.0
Clients in Facilities with OTPs		
Methadone	1,760	93.5
Buprenorphine	122	6.5
Total	1,882	100.0

¹Percentage of all OTP facilities that are in this State or jurisdiction.

Facility Payment Options		
	Facilities ¹	
	No.	%
Cash or self-payment	304	95.6
Private health insurance	187	58.8
Medicare	126	39.6
Medicaid	110	34.6
Other State-financed health insurance	95	29.9
Federal military insurance	143	45.0
Access to Recovery (ATR) vouchers ²	N/A	N/A
Accepts HIS/638 contract care funds	6	1.9
No payment accepted	6	1.9
Accepts other payments	4	1.3
Sliding fee scale	219	68.9
Treatment at no charge for clients who cannot pay	165	51.9

¹Facilities may accept more than one type of payment.

²Available only in AK, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MI, MO, MT, NJ, NM, OH, OK, RI, TN, TX, WA, WI, WY.

N/A - Not applicable.

Facility Licensing, Certification, or Accreditation		
	Facilities ¹	
	No.	%
Any listed agency/organization	300	94.3
State substance abuse agency	271	85.2
State mental health department	184	57.9
State department of health	95	29.9
Hospital licensing authority	27	8.5
The Joint Commission	79	24.8
CARF ²	28	8.8
NCQA ³	13	4.1
COA ⁴	14	4.4
Other State/Local Agency/Org	28	8.8

¹Facilities may be licensed by more than one agency/organization.

²Commission on Accreditation of Rehabilitation Facilities

³National Committee for Quality Assurance

⁴Council on Accreditation

Facility Funding		
	Facilities	
	No.	%
Receives Federal, State, county, or local government funds for substance abuse treatment programs	157	49.4

Types of Services Offered

	Facilities	
	No.	%
Assessment and Pre-Treatment Services	316	99.4
Screening for substance abuse	306	96.2
Screening for mental health disorders	230	72.3
Comprehensive substance abuse assessment or diagnosis	289	90.9
Comprehensive mental health assessment or diagnosis	183	57.5
Screening for tobacco use	115	36.2
Outreach to persons in the community who may need treatment	145	45.6
Interim services for clients when immediate admission is not possible	122	38.4
Testing	215	67.6
Breathalyzer or blood alcohol testing	136	42.8
Drug or alcohol urine screening	195	61.3
Screening for Hepatitis B	42	13.2
Screening for Hepatitis C	42	13.2
HIV testing	37	11.6
STD testing	31	9.7
TB screening	61	19.2
Counseling	312	98.1
Individual counseling	309	97.2
Group counseling	298	93.7
Family counseling	250	78.6
Marital/couples counseling	199	62.6
Transitional Services	309	97.2
Discharge planning	287	90.3
Aftercare/continuing care	279	87.7
Pharmacotherapies	159	50.0
Medications for psychiatric disorders	134	42.1
Nicotine replacement	46	14.5
Campral [®]	45	14.2
Antabuse [®]	40	12.6
Naltrexone (oral)	43	13.5
Vivitrol [®] (injectable Naltrexone)	31	9.7
Buprenorphine	23	7.2
Subutex [®] or generic	14	4.4
Suboxone [®]	22	6.9
Methadone	14	4.4
Non-nicotine smoking/tobacco cessation medications	28	8.8
Ancillary Services	313	98.4
Case management services	250	78.6
Social skills development	198	62.3
Mentoring/peer support	110	34.6
Child care for clients' children	16	5.0
Assistance with obtaining social services	114	35.8
Employment counseling or training for clients	96	30.2
Assistance in locating housing for clients	121	38.1
Domestic violence	148	46.5
Early intervention for HIV	63	19.8
<i>continued</i>		

Types of Services Offered (cont.)

	Facilities	
	No.	%
HIV or AIDS education, counseling, or support	137	43.1
Hepatitis education, counseling, or support	100	31.4
Health education other than HIV/AIDS or hepatitis	119	37.4
Substance abuse education	295	92.8
Transportation assistance to treatment	59	18.6
Mental health services	210	66.0
Acupuncture	4	1.3
Residential beds for clients' children	12	3.8
Self-help groups	111	34.9
Smoking cessation counseling	59	18.6

Clinical/Therapeutic Approaches Used Always or Often or Sometimes

	Facilities	
	No.	%
Substance abuse counseling	310	97.5
Relapse prevention	299	94.0
Cognitive-behavioral therapy	295	92.8
12-step facilitation	229	72.0
Motivational interviewing	264	83.0
Anger management	249	78.3
Brief intervention	262	82.4
Contingency management/motivational incentives	169	53.1
Trauma-related counseling	207	65.1
Rational emotive behavioral therapy (REBT)	174	54.7
Matrix model	101	31.8
Community reinforcement plus vouchers	25	7.9
Other treatment approaches	36	11.3

Facility Capacity and Utilization Rate¹

	Hospital	
	Residential	Inpatient
Number of facilities	51	11
Number of clients ²	1,826	297
Number of designated beds	2,089	294
Utilization rate (%)	87.4	101.0
No. of designated beds/facility (avg.)	41	27

¹ Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question.

² Number of clients on March 31, 2011.

Programs for Special Groups

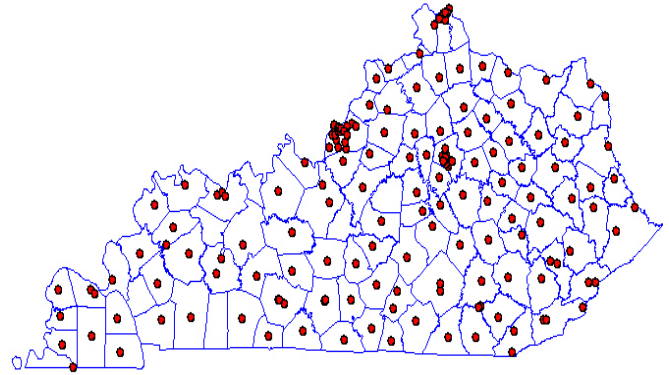
	Facilities	
	No.	%
Any program or group	269	84.6
Co-occurring disorders	92	28.9
Adult women	71	22.3
Adolescents	68	21.4
DUI/DWI offenders	170	53.5
Criminal justice clients	96	30.2
Adult men	41	12.9
Pregnant or postpartum women	36	11.3
Persons with HIV or AIDS	14	4.4
Seniors or older adults	14	4.4
Lesbian, gay, bisexual, or transgender clients (LGBT)	12	3.8
Other groups	15	4.7

Services in Sign Language for the Hearing Impaired and in Languages Other than English

	No.	%
Hearing impaired/sign language	161	50.6
Any language other than English	171	53.8
Non-English Language Provided by:		
On-call interpreter only	149	87.1
Staff counselor only	11	6.4
Both staff counselor and on-call interpreter	11	6.4
Languages Provided by Staff Counselor:¹		
Spanish	22	100.0
American Indian/Alaska Native languages	0	0.0
Other	3	13.6

¹ Percentages based on the number of facilities reporting that they provided substance abuse treatment in a language other than English by a staff counselor only or by both staff counselors and on-call interpreters.

Location of Treatment Facilities



Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2011. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:
<http://www.samhsa.gov/data/DASIS.aspx#N-SSATS>

Access the latest N-SSATS public use files at:
<http://www.datafiles.samhsa.gov>

Other substance abuse reports are available at:
<http://www.samhsa.gov/data/>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
 Substance Abuse and Mental Health Services
 Administration
 Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data/

• Access N-SSATS profiles for individual States at:
<http://www.dasis.samhsa.gov/webt/NewMapv1.htm>

• For information on individual facilities, access SAMHSA's
 Treatment Facility Locator at:
<http://findtreatment.samhsa.gov/>